

EDITORIAL

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A long informative letter from the Rector this month, plenty of news and happenings. New people, new groups, now start.

Mothering Sunday is on the 14 of March and is much more than flowers and chocolates, with a nice lunch at the Golf Club. Time to reflect on the influence of an important person.

Be sure to put the Pea Fair and Garden Crawl in your diary. These events deserve support and are great fun.

My thanks to all who have contributed to this issue.

*Articles for the April edition of 'The Lion' should be with
the Parish Office by Tuesday 16 March 2010*

LETTER FROM THE RECTOR



Recently I attended a Quiet Day for the clergy of Down and Dromore in preparation for Lent. The speaker was the Bishop of Albany, in New York State, with whose diocese Down and Dromore has a twinning arrangement.

During one of his addresses he remarked on how wonderful a thing it is when “the Holy Spirit shows up...and you know he has shown up”. The example he gave was of a preacher finding words which he had not planned to use, but which were “given to him”, and were words of power and depth.

Frankly, I don't think that has ever happened to me, but I think that something just as remarkable does happen each time anyone sits down to prepare a sermon or just to read the Scriptures. If we approach the words before us for what they are (God's principal way of continuing His revelation of Himself in Jesus Christ) we will find that the Holy Spirit is there. Although we may not be aware that he is there, the power of the words to go very deep within us, or to bring us up short, is much surer evidence of His presence than any feeling or intuition.

However the greatest witnesses to the presence of God's Spirit are the fruits of the Spirit; love, joy peace, endurance, gentleness, faith, meekness and moderation. For these show that the Spirit has not just *arrived*, but that He has *stayed*, to work in us at the deepest levels of our personality.

However it can be difficult to know where to begin with the Bible and for that reason, reliable, well written and straightforward Bible notes are often a great help. In St Mark's quite a number of people use the Bible Reading Fellowship (BRF) notes which are issued quarterly. They provide really excellent short studies for every day of the week, written by people with expert knowledge, but who are able to make the Bible understood and with something to say to us today.

If you are interested in subscribing to these notes, they can be obtained from Joan Frame. I would recommend them.

However, in the Anglican tradition it is not only the reading of the Bible that is held to be a way in which God comes to us, but also in the preaching of the Bible; the “proclamation” as it is usually called. Thankfully there is no sermon that is so poor that, if it is conscientiously prepared, God will not use it in some way.

As Ivan Betts put it so memorably in a recent sermon, Lent is a time when we are encouraged to get to know ourselves and to get to know God better. That is why we have additional services on Wednesday nights, where the word is preached and especially why we have services, based around the Scriptures in Holy Week.

Holy Week stretches across the end of March into April and I wanted to make sure that you have plenty of time to think about how many of the services you feel you should attend. This year Ivan Betts will be the preacher on the Monday, Tuesday and Wednesday nights and on Maundy Thursday. On Good Friday the Three Hours Devotion will be conducted by the Reverend Peter McDowell, rector of Ballywillan (Portrush) – no relation. I would ask everyone to think very seriously about making room in their diary for as many of these services as they can attend.

The Crucifixion by Sir John Stainer

Certain pieces of music, based around the actual words of the Bible have become part of the fabric of our religious experience,

and in the Church of Ireland much of our spiritual inheritance comes to us through hymns and anthems.

One of the greatest of these is Stainer's Crucifixion, a haunting and memorable setting of the last days of the life of Jesus. Nothing could be more fitting for Lent and I am particularly encouraged that Peter Hunter and the choir of St Mark's are to be joined by members of other choirs to sing this piece in the church on Thursday 18 March at 7.30pm.

We are suggesting a donation of £4 and £2 concession in aid of the Marie Curie Hospice and the Alzheimer's Society and I do hope that parishioners and their friends will come to hear this wonderful music.

Mothing Sunday and Dedication of Gifts

This year Mothing Sunday falls on 14 March, and as always will be a very special day. As usual it will be a Family Service and we will be distributing little posies of flowers. **This of course means that the service on the first Sunday in March will not be a family Service, but Morning Prayer.**

In addition on Mothing Sunday we shall be dedicating a very significant gift to the parish.

One of the aims of the Select Vestry has been to try to make St Mark's as warm, welcoming and comfortable as it is possible to be, whilst maintaining its unique historical character. The glass doors and the new heating system have gone a long way to

helping achieve this. However an hour or more is a long time to sit on a hard pew, so now, through the generosity of four families, we are to be able to provide each pew with a long buttoned cushion.

Technically these are called “pew mattresses”, but since that strikes me as an open invitation to slumber, I prefer “cushions”. They are being given by families in memory of four parishioners whom most of you will remember very fondly- Anne Frew, Greta Cherry, Bertha Thompson and Bob Irwin, and we are very grateful to the families for their generosity.

The cushion/mattresses will add both to the comfort and to the ambience of St Mark’s and will make attending Church just that little bit more pleasant.

Visit of Archdeacon Harvey Huth of Albany Diocese of the Episcopal Church of the USA

Quite fortuitously as it happens we will have a distinguished visitor as our preacher on Mothering Sunday.

As mentioned earlier, the Diocese of Down and Dromore is twinned with the Diocese of Albany in the United States, and each St Patrick’s-tide a number of people travel from Albany to Down and Dromore to join in the special services for that week.

The visitors are usually put up by clergy and parishioners and Archdeacon Huth and his wife Nancy will be staying in the

Rectory for the week. I know that he and his wife will be made most welcome here in St Mark's.

One interesting point to note is that in the American Episcopal Church, archdeacons are just that – deacons – and are never ordained priest as Anglican deacons are after one year as deacons.

In fact it is the Anglican Churches and the Roman Catholic Church who are slightly out of step as most other Churches follow the ancient tradition of having permanent deacons who have very specific functions in services and in the community.

St Patrick's Day

St Patrick's Day falls on a Wednesday this year and we will celebrate the memory of that most remarkable man in our weekly Holy Communion service at 11.00am.

Patrick could have been designed for our times. He was a saint of the undivided Church, owing his spiritual formation more to the Church of France than any other. He was born in Britain (where exactly no-one knows) but with a passionate love for the land of his cruel captivity. He was a very Irish sort of Christian, both humble and immensely self-confident, given to very strong and sometimes quite coarse expression, but also with a definite puritanical side.

I cannot imagine him being impressed with much of what goes on in his name on St Patrick's Day because, rather like St Paul, he seems to have had only one aim – to extend the Kingdom of God.

You should also know that there is, as always, a big diocesan celebration of St Patrick in Down Cathedral. The full programme can be seen on the Diocesan website

www.downanddromore.org and the particular highlight this year will be the speaker at the service in Down Cathedral. He will be **Bob Hartman, Children's Story Teller and Author** and this year's celebrations are especially geared around families.

If you would like to bring the family along you can be sure of a warm welcome and an exuberant experience. The service in Down Cathedral begins at 11.45am and you will be treated to a very welcome bowl of stew afterwards.

Men's Group

By the time you have read this, we will have had the first of our talks to the re-constituted Men's Group and will be eagerly anticipating our second event in the Heyn Hall on Tuesday 23 March, when we will be given the benefit of the experience of Tyrone Howe, ex-Ireland and British Lions Rugby player, and involved in local politics.

I hope you will join us.

Website

Our website continues to progress and I am happy to say that one of our parishioners, **Linda Grant**, has agreed to take on the job of Webmaster, a particularly sinister title for such a pleasant person.

A Webmaster tries to keep the website fresh and up-to-date and Linda may contact organisations or individuals from time to time to help her do just that. Linda will continue to be supported by Mark Allen, our web designer, for quite some time yet while she feels her way into the task and I hope everyone will help to make this vital aspect of modern communications into a really useful way to keep in touch with the wider world.

New Curate-Hurrah!

If you have not heard already, we will be getting a new curate in St Mark's later in the year. Her name is Lynne Gibson and she will be made deacon on 20 June 2010, probably at an ordination service in Down Cathedral. Firm details to follow.

I have asked Lynne to write a paragraph or two about herself for the next issue of the Lion, but suffice it to say that I have interviewed her on two occasions and I am greatly looking forward to working with her here in St Mark's.

FROM THE PARISH REGISTERS



HOLY BAPTISM

Jesussaid, "Let the little children come to me" (Mark 10:14)

14 February 2010 Grace Julie Conroy of 1 Cairnburn Drive,
Belfast

14 February 2010 James Richard John Johnston of 20
Wandsworth Road, Belfast, Belfast

CHRISTIAN BURIALS

"I am the resurrection and the life, says the Lord" (John 11:25)

2 February 2010 Dermot McConnell late of 21 Sydenham Avenue

4 February 2010 Brian Henry Jones late of 16 Massey Avenue

5 February 2010 Margaret Eleanor Jamieson late of 48 Garnerville Gardens

6 February 2010 Mabel Reilly late of 76 Dundela Avenue

19 February 2010 Maria McCallum late of 2 Campbell Court



*Received with thanks from Bible Study Group
£425 for UDPNursery School*

21 December 2009

COUNTING & STAPLERS



COLLECTION COUNT ROTA – MARCH 2010

Convenor Mervyn Brown

Counters Lorna Rutter

Joan Eakin

David Ellis

LION STAPLERS – FEBRUARY 2010

Friday 26 March @9.00am in the Committee Room



Francis Lloyd

Katie Dyer

Jenny Wallace

Max Livingstone

Clifford Bennett

John Emerson

FLOODLIGHTING



OUTDOOR FLOODLIGHTING FEBRUARY

Donation for church floodlighting gratefully received from:

7 March Miss E Kent of 79 Circular Road in memory of her mother

Mrs H McCabe

14 March Browne family of 8 Castleorr Manor in memory of Annabel

21 March Mrs Betty Bole of 81 Circular Road

CALENDAR OF WORSHIP – MARCH 2010

Sunday 7 March: Third Sunday in Lent

8.30am Holy Communion

10.30am Morning Prayer

6.30pm Holy Communion & Ministry of Healing

Wednesday 10

11.00am Holy Communion

7.30pm Lenten Service & Intercessions for the Sick

Sunday 14 March Fourth Sunday in Lent: Mothering Sunday

8.30am Holy Communion

10.30am Family Service & Dedication of Gifts

6.30pm Compline

Wednesday 17 St Patrick, Patron Saint of Ireland

11.00am Holy Communion

7.30pm Lenten Service and Intercessions for the Sick

Sunday 21 Fifth Sunday in Lent: Passion Sunday

8.30am Holy Communion

10.30am Parish Communion

6.30pm Evening Prayer

Wednesday 24 The Annunciation of Our Lord (tsrd)

11.00am Holy Communion

7.30pm Lenten Service and Intercessions for the Sick

Sunday 28 Palm Sunday

8.30am Holy Communion

10.30am Liturgy for Palm Sunday

3.00pm Holy Communion for Senior Parishioners

6.30pm Palm Sunday Readings and Music

Monday 29

7.30am Holy Communion (1662)

11.00am Holy Communion (2004)

7.30pm Compline & Address – Preacher: Revd Ivan Betts

Tuesday 30

7.30am Holy Communion (1662)

11.00am Holy Communion (2004)

7.30pm Compline & Address – Preacher: Revd Ivan Betts

Wednesday 31

7.30am Holy Communion (1662)

11.00am Holy Communion – Preacher: Revd Ivan Betts

7.30pm Compline & Address

Thursday 1 April Maundy Thursday

7.30am Holy Communion (1662)

7.30pm Solemn Eucharist of the Last Supper followed by Stripping of the Altar – Preacher: Revd Ivan Betts

Friday 2 Good Friday

10.30am Children's Liturgy

12noon-3.00pm The Three Hours' Devotion – Revd Peter

McDowell, Rector of Ballywillan, Diocese of Connor

8.00pm Good Friday Liturgy & Tenebrae

Sunday 4 EASTER DAY

6.30am Easter Sunrise Service at Redburn Country Park

8.30am Choral Eucharist

10.30am Easter Family Eucharist

6.30pm

GARDEN CRAWL – Saturday 19th June 2010

It's back! The third biennial Garden Crawl will take place on Saturday 19th June

2010 from 2 – 6pm when a number of St Mark's parishioners will be letting us have a look around their gardens. In addition there will be afternoon teas at the Rectory, gardening advice and, dotted around the gardens, a plant stall, cake



stall and crafts for sale. This year we are also running a competition for the children to grow their own nasturtiums and these will be judged on the day. Please come along to the Heyn Hall after the family service on Mothering Sunday 14th March to plant your seeds and start growing!

We are currently in the planning stages and would love to hear from anyone who would like to open their garden for viewing. Perhaps you might have an idea for something else to include in the event. This has been a very successful and enjoyable occasion to date with lots of people involved in different ways, not least helping out on the gate of one of the gardens for an hour or so – if you would be willing to help in any way at all please get in touch.

Here's hoping for a dry afternoon on 19th June!!

Hannah Nelson 02890 651916 Mary McDowell 02890 659047

FLOWERS – MARCH 2010



7 March Mrs R Simpson
4 Douglas Court

14 March MOTHERING SUNDAY

21 March Mr and Mrs J Pollock
32 Edgecumbe Drive

In memory of our parents

28 March PALM SUNDAY

Lesley E E Donaldson 90654866

PEA FAIR – FAMILY FUN ON FRIDAY 5TH MARCH 2010 7 – 8.30PM

What exactly is a Pea Fair? You could be forgiven for asking. In fact it is a series of fairground-style 'challenges' (or side-shows) such as 'hook the duck' etc to have a go at. Instead of using tokens, you will be provided with a number of dried peas which you use to pay for a go at each game, and if you win you get your peas back. The winner is the person with the most dried peas left having attempted all of the games.

We would love to see a big crowd on Friday 5th March at 7.00pm in the hall. This will be the third time we have organized a Pea Fair, and on each occasion it has proved to be good fun for all the family and great craic. Tea and coffee

will be served and prizes awarded at the end of the evening.
All proceeds will be going to BB company funds.

PRAYER PAGE

O Father of our Lord Jesus Christ,
from whom every family in heaven and on earth is named;
Grant that, according to the riches of thy glory,
thy servants and children of this Parish
may be strengthened with prayer through thy Spirit,
that Christ may dwell in their hearts by faith;
that they, being rooted and grounded in love,
may be strong to apprehend with all the saints
what is the breadth and length and height and depth,
and to know the love of Christ which passeth knowledge;
that they may be filled with all thy fullness;
through the same Jesus Christ our Lord. Amen.

POETRY PAGE THE DESTRUCTION OF SENNACHERIB *by Lord Byron*

The Assyrian came down like the wolf on the fold,
And his cohorts were gleaming in purple and gold;
And the sheen of their spears was like stars on the sea,
When the blue wave rolls nightly on deep Galilee.

Like the leaves of the forest when Summer is green,
That host with their banners at sunset were seen:
Like the leaves of the forest when Autumn hath blown,

That host on the morrow lay withered and strown.

For the Angel of Death spread his wings on the blast,
And breathed in the face of the foe as he pass'd;
And the eyes of the sleepers waxed deadly and chill,
And their hearts but once heav'd, and for ever grew still!

And there lay the steed with his nostril all wide,
But through it there roll'd not the breath of his pride;
And the foam of his gasping lay white on the turf,
And cold as the spray of the rock-beating surf.

And there lay the rider distorted and pale,
With the dew on his brow, and the rust on his mail:
And the tents were all silent, the banners alone,
The lances unlifted, the trumpet unblown.

And the widows of Ashur are loud in their wail,
And the idols are broke in the temple of Baal;
And the might of the Gentile, unsmote by the sword,
Hath melted like snow in the glance of the Lord!

The mighty King of Assyria, Sennacherib, attacked Jerusalem in the year 701. The King of Judah was Hezekiah and the prophet of God was Isaiah.

Isaiah chapter 37 verse 36

LADIES' GUILD from Geraldine Whiteside



George Gilliland, our speaker for the 8 February meeting showed us slides of Rathlin Island. Clear blue sea, yellow sandy beaches, beautiful green fields and rare flowers and birds.

George informed us that there were only seventy people left on the island, which is steeped in history.

We would like to thank George for a very informative and relaxing evening.

Dates to remember: 8 March – Beryl Smyth

(Interesting T.V.)

12 April – Revd McConnell Auld

(Holywood hideaway for a Russian Tzar)

EVERGREENS *from Lorna Rutter and Joan Eakin*



Our February get-together this year was centred around our Bric-a-brac Sale. We had

a good turn-out of ladies and an abundance of 'stuff' for sale. A fun afternoon with great 'craic'.

Our next meeting is on March 10th when we look forward to our Dolls House exhibition.

MEN'S GROUP



Our next meeting will be held on Tuesday 23 March and our guest speaker will be Tyrone Howe

Tyrone is a former rugby player who played on the wing for Ulster, Ireland and the Lions. He made his senior international debut for Ireland against the United States on 10 June 2000. It was Ireland's highest score ever, at 83-3.

He toured with the 2001 British and Irish Lions. He retired from professional rugby in 2006 and now appears regularly on Sky Sports as a commentator and rugby analyst. He will talk on his varied experiences in

the rugby world, and comes recommended as an excellent speaker.

ST MARK'S
MOTHERS' UNION

EASTER BAZAAR

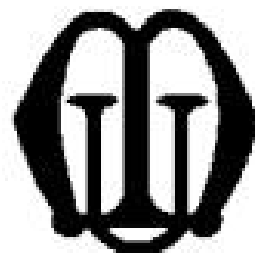
WEDNESDAY 24 MARCH

7.30PM – 9.00PM

CAKE STALL



CMSI TRADE CRAFT



MU ENTERPRISE

PARISH CHEF *from Angela Kerr*



A recipe for busy Mums!

HIDDEN MINCE

For this recipe it is best to use steak mince from a butcher as supermarket mince often contains a high percentage of water!

3/4lb steak mince

1 small onion chopped finely

1 medium sized carrot grated

1 oz fresh white breadcrumbs

1 dessert spoonful worcester sauce

1 dessert spoonful tomato puree

1 dessert spoonful chopped parsley (optional)

pinch basil or mixed herbs

salt and black pepper to suit your palate!

1 rectangle of ready rolled Jus-rol puff pastry
(Asda/Tesco/Sainsbury all stock this)

Mix all ingredients in a large bowl and press into a log shape

Unroll defrosted pastry and place mixture inside.

Fold pastry around mixture taking care to seal edges.

Set on baking tray and brush with milk

Bake 170 deg 45 minutes approx.

To serve cut on the diagonal.

This can either be served with :-

- 1) baby boiled potatoes or croquette potatoes
- 2) variety of salads
- 3) young children may like it with baked beans!

ANOTHER PARAPHRASE ON PSALM 72

“HAIL TO THE LORD’S ANOINTED”

Adair

from Billy

Last month I wrote on Hymn 97 “Jesus shall reign where’er the sun” which was a paraphrase on Psalm 72 by Dr Isaac Watts.

But Church Hymnal 5 has another paraphrase on the same psalm (Hymn 125) – a very different interpretation by a very different person, James Montgomery (1771-1854).

James Montgomery was born at Irvine, Ayrshire, Scotland, the eldest son of a Moravian Minister and a Moravian sister. His parents moved to the Gracehill Settlement in Co. Antrim, later went as missionaries to Barbados, where they spent the rest of their lives and died there.

James was left behind to be brought up and educated at the Fulneck Moravian Settlement near Leeds. He first became an apprentice baker, then moved to London where he tried to make a living from his poetry, before joining the staff of the “Sheffield Register”, a rather liberal newspaper. He started as a clerk, but moved up to the editorship, eventually buying the entire business. He wrote poetry and hymns all his life and loved public speaking, when he campaigned against the evils of his day, children being used as chimney sweeps and slavery.

The Moravian Church was founded in Germany in 1722 by Count Nicholas von Zinzendorf as a revival of the 15th century Bohemian Brethren. They had a special festival service consisting largely of hymns and anthems, and it was for such a service, probably at Fulneck, on Christmas Eve 1821 that James Montgomery wrote the hymn “Hail to the Lord’s anointed”, paraphrased from Psalm 72.

If we put the hymn and Psalm 72 side by side we will see how closely Montgomery kept to the original text, more so than Watts.

v1 “Hail to the Lord’s Anointed,
Great David’s greater son!
Hail in the time appointed
His reign on earth begun!
He comes to break oppression,
To set the captive free,
To take away transgression,
And rule in equity.”

Psalm 72 verses 1-3

Psalm 72 begins “Give the King thy judgements O God” and in his book “The Psalms” Professor W.O.E. Oesterley says “the psalm was composed in honour of a King ascending the throne”, whereas other scholars interpret it as a Messianic psalm. But like Watts, Montgomery immediately transfers the psalm from the Old to the New Testament in naming the King as “Great David’s greater son”, that is Jesus Christ, the true Messiah, for the word “anointed” is really a translation of the Hebrew word “Messiah”.

v 2 “He comes with succour speedy
To those who suffer wrong;
To help the poor and needy,
And bid the weak be strong;
To give them songs for sighing,
Their darkness turn to light,

Psalm 72 verses 4-5

Whose souls, condemned and dying,
Were precious in his sight.”

Here we have the qualities and virtues of an ideal King – ready with speedy aid to those in need of it, mindful of the poor, giving a lift up to the weak, and giving his precious flock something to sing about.

v3 “He shall come down like showers
Upon the fruitful earth;
And love, joy, hope, like flowers,
Spring in his path to birth.

7

Before him, on the mountains,
Shall peace, the herald go;
And righteousness, in fountains
From hill to valley flow.”

Psalm 72 verses 6 &

The beautiful simile of “coming down like showers” creates the conditions in which all that is fresh and good may flourish and peace reign throughout the land.

V4 “Kings shall fall down before him
And gold and incense bring;
All nations shall adore him,
His praise all people sing;

15

To him shall prayer unceasing

Psalm 72 verses 8-

And daily vows ascend,
His kingdom still increasing,
A kingdom without end.”

This section of the psalm introduces what Oesterley terms “a political note”.

And Montgomery emphasises the response that this ideal King will receive from his grateful subjects – respect and honour in an expanding Kingdom, presents and prayers for a Messianic ruler.

v5 “O'er every foe victorious,
He on his throne shall rest;
From age to age more glorious
All-blessing and all-blest:
19
The tide of time shall never
His covenant remove;
His name shall stand for ever,
That name to us is Love.”

Psalm 72 verses 16-19

In this final section of the psalm the writer prays personally for the King, asking long life, prosperity and honour. Montgomery goes along with these sentiments, then in the last two lines introduces an entirely new dimension not in the psalm, reminding us that God is Love and Love is God.

What a splendid hymn Montgomery has given us, making Psalm 72 speak to us in a different context and in New Testament language.

MOTHER'S DAY IN UK

UK holds the prestige of being the first country in the world to dedicate a special day for mothers, as early as 17th century. In UK, Mother's Day is celebrated on the fourth Sunday in the month of Lent. Since the days of Lent are not fixed, the date for Mother's Day keeps on changing as well. However, the emotions

remain the same. The feelings associated with the day are much alike those in the rest of the world i.e. to express gratitude towards our mother. It is an opportunity for the children to let their mother know that she is special and loved and cared for.

Mother's Day is the contemporary version of the original name - 'Mothering Sunday'. The occasion has a long history, which dates back to as far back as the year 1600. During that time, the poor used to send their children to work as domestic servants or trainees in the homes of higher class of people. Once in a year, these children were given leave for a day, so that they could visit their Mother Church as well as their own mother. The day coincided with the middle Sunday of the fasting period of Lent. It was known as 'Refreshment Sunday' or 'Mid-Lent Sunday'.

The children would visit their Mother Church and then head straight to meet their own mother, with some fresh flowers. While the boys would present their mother with flowers, girls would go a step further by presenting them freshly baked handmade cakes, which were also called 'Simnel Cakes'. With time, the holiday came to be known as 'Mothering Sunday'. The custom of Mother's Day was halted when the world underwent Industrial revolution, but steeply bounced back after World War II. With time, the fourth Sunday of Lent came to be dedicated to the mothers in UK.

UK, however, has lost the original meaning entitled to the

Mothing Day. Nonetheless, the day is celebrated with lot of excitement and enthusiasm. Roses, carnations and chrysanthemums qualify as the most popular flowers on Mothers Day in Great Britain. The people of UK also follow the tradition of making a rich almond cake for their mother, on Mother's Day, which is often called 'Mothing Cake' or 'Simmel Cake'. UK people pay tribute to their mother and honor their contribution in their life. They let their mother know that she is very special and holds a very important place in their life, which no one can replace.

Y

YOUTH FELLOWSHIP MARCH PROGRAMME

7 March

BIBLEBITS

A

14 March

HEAT

THINGS UP



LET'S

K

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(PAR



21 March

IN MISSION

28 March

PALM SUNDAY

**(Preparation
for Easter)**

SOME TYPICAL MOTHERLY ADVICE

There are a few things, which are common to all the mothers around the world. Apart from showering love and affection, mothers make it a point to keep an eye on every activity of their children- this of course arises as a result of her being too caring about her child, so that he/she is always unhurt. Here are some of the most common advices by mothers to their children:

- Make sure to change your underwear always; you never know when you'll have an accident.
- Don't make that face or it'll solidify in that position.
- Be careful or else you'll put your eye out.
- What if everyone jumped into a well? Would you do it, too?
- You have enough filth behind those ears to grow potatoes!
- C'mon close that door! Were you born in a barn?
- If you don't have something nice to say, don't say anything at all.

- Don't put that thing in your mouth; you don't know where it's been.

'MOTHER' IN DIFFERENT LANGUAGES

God could not be everywhere and therefore he made mothers- Jewish Proverb Here, we have compiled the popular usage of 'mother' in different languages!

French - Mere

German - Mutter

Hindi - Maji

Urdu - Ammee

English - Mom, Mummy, Mother

Italian - Madre

Portuguese - Mãe

Albanian - Mëmë; Nënë; Burim; Kryemurgeshë

Belarusan - Matka

Cebuano - Inahan; Nanay

Serbian - Majka

Czech - Abatyse

Dutch - Moeder; Moer

Estonian - Ema

Frisian - Emo, Emä, Kantaäiti, Äiti

Greek - Mäna

Hawaiian - Makuahine

Hungarian - Anya, Fu



Ilongo - Iloy; Nanay; Nay

Indonesian - Induk, Ibu, Biang, Nyokap

Swahili – Mama

Colouring Page

Then God said “Let the land produce vegetation: seed bearing plants and trees on the land that bear fruit with seeds.”

Genesis Ch 1 v 11



See how well you can colour in this plant basket for Mother's Day

The Lion

Magazine of St Mark's, Dundela

March 2010



SAINT MARK'S CHURCH - PARISH OF DUNDELA

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HONORARY ORGANIST: Mr W Adair, L.T.C.L., 9 Cairnburn Park, BT4 2HX T: 028 9076 3603

PARISH ADMINISTRATOR: Mrs Linda Nicholson (contact at Parish Office)

SEXTON: Mr Richard Lyons (contact at Parish Office)

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HONORARY TREASURER: Mr Peter S F Bayliss, 4 Norwood Court BT4 2ES T: 028 9076 3415

RECTOR'S CHURCHWARDEN: Mr Harry Whiteside, T: 028 9029 5908

PEOPLE'S CHURCHWARDEN: Ms Margaret Grahame, T: 028 9065 1580

RECTOR'S GLEBEWARDEN: Mr John Emerson, T: 028 90761221

PEOPLE'S GLEBEWARDEN: Mr David Ellis, T: 028 9065 2306

HONORARY VERGER: Mr Harry Whiteside, T: 028 9029 5908

HONORARY SACRISTAN: Mrs Mary Harland, T: 028 9087 3649

FWO RECORDER: Mr Max Livingstone, 24 Wanstead Road BT16 OEJ, T: 028 9048 2719

GIFT AID SECRETARY: Mr Robert F Malloy, T: 028 9048 2362

BIBLE READING FELLOWSHIP: Miss Joan O M Frame, T: 028 9065 3979

LION MAGAZINE EDITOR: Mr Frank Craig, 22 Wanstead Ave, BT16 2EU, T: 028 9029 4455

LION MAGAZINE TREASURER: Mrs Yvonne McMaster, 35 Demesne Road, BT18 9NB

T: 028 9042 2836

HEYN HALL MANAGEMENT: Mrs Lynn Wilson, T: 028 9065 6145

SAFEGUARDING TRUST PARISH PANEL
Rev J McDowell T: 9065 9047
Prof K Bell T: 9145 3744

PARISH ORGANISATIONS & REPRESENTATIVES

(in alphabetical order)

Alpha Bible Group	1st Tuesday, 8.00pm	Mrs Hannah Nelson, T: 9065 1916
Bell Ringers	Monday 7.30 - 9.00pm	Mr John Emerson, T: 9076 1221
Bible Fellowship	Wednesday (excpt 3rd), 8.15pm	The Revd John McDowell, T: 9065 9047
Boys' Brigade	Friday 6.30 - 8.00pm	Mr Harry Whiteside, T: 9029 5908
<i>Junior Section (age 8 - 11)</i>		
<i>Anchor Boys (age 5 - 7)</i>		Mrs Louise Orchin, T: 9067 1717
Brownies (ages 7 - 10)	Monday 6.30 - 8.00pm	Miss Heather McKaig, T: 9047 2319
Choir	Thursday 7.30 - 9.00pm	Mr Peter Hunter, T: 9042 2048
Christian Aid		Mrs Yvonne McMaster, T: 90422836
Church Missionary Society		Miss June Moore T: 9065 7051
Church of Ireland Gazette		Mr Peter Moore, 10 Hopedene Mews T: 9067 3216
Cradle Roll		Mrs Pat Thompson, T: 9087 6634
Evergreens Club	2nd Wednesday, 2.30 - 4.00pm	Mrs Joan Eakin, T: 9076 8109 and

Flower Guild

4866

Guides

90654090

Healer Prayer Group**Ladies Bowls****Ladies Guild**

5908

Men's Fellowship – Bowls**Men's Group****Mothers' Union**

3649

Mums and Chums*(Parents and toddlers group)***Rainbows** (ages 4 ½ - 7)**Sanctuary Guild****St Mark's Players (Drama)****SUNDAY SCHOOL***Meets each Sunday except 1st Sunday from 10.30 until 11.30am.**Children are collected from Heyn Hall after the Morning Service.*

Kindergarten (ages 3 ½ - 7)

Seniors (ages 8 and over)

The WARDROBE **YOUTHROOM****Youth Fellowship**

Sunday 8.00 - 9.30pm

(age 11-18)

Miss Lorna Rutter, T: 9065 2777

Mrs Lesley Donaldson, 4 The Cairns, T: 9065

Miss Lois Kennedy, Parish Office T:

Secretary: Mrs Margaret Parrock, T: 9076 8524

Mrs Kate Logier, T: 9065 2047

Secretary: Mrs Geraldine Whiteside, T: 9029

Mr Corry Lyttle, T: 9076 8043

Revd John McDowell, T: 9065 9047

Enrolling Member: Mrs Mary Harland T: 9087

Mrs Mary McDowell, T: 9065 9047

Monday 5.15 - 6.15pm

Mrs Heather Ellison, T: 9065 9278

Mrs Mary Harland, T: 9087 3649

Mrs Jackie Parrock, T: 9076 8210

Mrs Hannah Nelson, T: 9065 1916

Mrs Ada Long, T: 9065 6117

Mr Harry Whiteside, T: 9029 5908

CHURCH SERVICES IN ST MARK'S**SUNDAYS**8.30am Holy Communion (every Sunday)
Fri)10.30am Family Service (1st Sunday)
Parish Communion (3rd Sunday)

(Wednesday)

Morning Prayer (2nd, 4th & 5th Sundays)
(Wednesday)

6.30pm Holy Communion & Ministry of Healing (1st Sunday)

WEEKDAYS

8.30am Morning Prayer (Mon-

5.30pm Evening Prayer (Mon-Fri)

11.00am Holy Communion

7.30pm Healer Prayer Service

Compline (2nd Sunday)

Evensong (3rd Sunday)

Compline (4th Sunday)

Hospital ☐

Choral Eucharist (5th Sunday)

Direction ☐

Praise Service (as announced)

By ARRANGEMENT WITH THE CLERGY

Holy Baptism ☐ Holy Matrimony ☐

Visitation of the Sick at Home/in

Communion for the sick ☐ Spiritual

Christian Burial

BELMONT COMMITTEE OF CANCER RESEARCH



invites you to a

FASHION SHOW

by Silhouette, Belmont Road.

at St Mark's Parish Church Hall
Sydenham Avenue

at 7.30pm Tuesday 9 March

*Tickets £10 (including Light Supper)
available from Silhouette Tel: 90652428*